

Progeny Health®:

SUPPORTING YOU THROUGH PREGNANCY, BIRTH AND BEYOND

Pregnancy is an exciting journey, and you don't have to navigate it alone.

As a Blue Cross and Blue Shield of Nebraska member, you have access to Progeny Health Maternity & Neonatal Intensive Care Unit (NICU) Case Management, a program designed to provide education, support and guidance throughout your pregnancy and after your baby arrives.

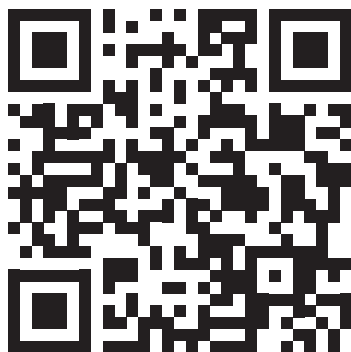
HOW PROGENY HEALTH CAN HELP

Your dedicated Case Manager can help you:

- Prepare for labor and delivery
- Access educational resources about pregnancy, postpartum and newborn care
- Understand and navigate NICU care if your baby needs specialized attention
- Adjust to life at home with your new baby

Scan the code to download the app or go to NebraskaBlue.com/PregnancyCare to learn more about Progeny Health.

From pregnancy through your baby's first days at home, Progeny Health provides personalized support when you need it most.



ProgenyHealth® is an independent company that provides NICU and maternity services to Blue Cross and Blue Shield of Nebraska, an independent licensee of the Blue Cross Blue Shield Association. 60-374-105 (09-02-26)

