

Support for you and your baby during a NICU stay



With Blue Cross and Blue Shield of Nebraska (BCBSNE), you have access to support if your baby goes to the Neonatal Intensive Care Unit (NICU) or Special Care Nursery. The ProgenyHealth® program is included in your BCBSNE benefits and costs you nothing.

Help During a NICU Stay

A ProgenyHealth Case Manager will:

- Reach out to you when your baby is in the NICU
- Work on your baby's care plan with the hospital care team
- Make sure you know your baby's needs
- Plan when you leave the hospital
- Get you set up at home

Help After You Get Home

A ProgenyHealth Case Manager will:

- Help reduce stress for your baby and you
- Share parent education and support
- Help you get to your baby's doctor appointments after your baby is born
- Give you breastfeeding tips
- Find local resources in your community
- Assist your family with life challenges

HAVE ADDITIONAL QUESTIONS?

Reach out to ProgenyHealth at **1-844-567-2006** Monday – Friday, 8:30 a.m. – 5:00 p.m. CST or email at **Contact@ProgenyHealth.com**.