



# WE'RE HERE TO HELP YOU THRIVE!

## Community Health Worker Support

Our Community Health Workers (CHWs) are dedicated to supporting you every step of the way. We work with you to overcome social challenges and connect you to valuable resources right in your community. By providing education to boost your health literacy, we empower you to make confident, informed choices about your health.

When you take advantage of our CHW services, you'll gain:

- **Benefit Education:** Learn more about your health plan and how to get the most out of your benefits.
- **Guidance:** Get help navigating the health care and social service systems so you know where to turn for support.
- **Non-Clinical Case Management:** Receive personalized assistance from our CHWs—sometimes working alongside our nursing team—to help manage your unique needs.
- **Resource Connections:** Access essential resources like nutrition support, housing, transportation, financial services, job training and educational opportunities for you and your family.
- **Wellframe Wellness App:** Participate in health programs and track your progress conveniently from your phone or tablet.

With our help, you'll make smart use of health care, improve your overall wellbeing and save on health care costs. Let us help you take the next step toward a healthier, happier life!



To connect with  
a Community  
Health Worker,  
call 844-201-1546.