

Pharmacy Benefits

Benefits are administered by OptumRx (affiliate of UnitedHealthcare)

When you enroll in a State of Nebraska health plan, you will also be enrolled in the State of Nebraska pharmacy program. UnitedHealthcare (UHC) will send you an identification card which will be used for both medical and pharmacy claims. You will want to carry your UHC card with you at all times. Additional cards can be ordered through www.myuhc.com or by calling UHC at 877-263-0911.

The pharmacy program offers flexibility and choice in finding the right medication for you. Medications are placed on different “tiers” based on their overall value.

- Tier 1 – Your lowest cost option
- Tier 2 – Your midrange cost option
- Tier 3 – Your highest cost option

To learn more about the tiers, covered drugs, and list of network pharmacies, go to the Prescription Plan page at Employee Wellness & Benefits Resources, www.link.nebraska.gov.

Get registered at www.myuhc.com

Upon enrolling in a State of Nebraska health plan, you will receive a welcome kit from UnitedHealthcare. Go online at www.myuhc.com and register. Once you register, click on “Manage My Prescriptions” and you will be able to:

1. View the most current prescription drug list (also referred to as a formulary).
2. Locate a network pharmacy.
3. Compare drug prices and lower cost options.
4. Find your cost before you go to the pharmacy.
5. Refill and track your mail order prescriptions.
6. View medication limits including quantity limits, prior authorization, and step therapy.
7. View drugs not covered under your plan.

What is the difference between brand name and generic medications?

Generic medications contain the same active ingredients as brand name medications, but they often cost less. Generic medications become available after the patent on the brand name medication expires. At that time, other companies are permitted to manufacture an FDA-approved, chemically equivalent medication. Many companies that make brand name medications also produce and market generic medications.

The next time your doctor gives you a prescription for a brand name medication, ask if a generic equivalent is available and if it might be appropriate for you since generic medications are typically your lowest-cost option.



Are YOU getting the most out of your Pharmacy Benefit?

- Register at www.myuhc.com
- Choose drugs on Tier 1, when available
- Use mail order
- Choose Generic instead of brand name medications

Mail Order – Save money & time!

For medications you take on a regular basis, you can fill a 180-day supply through the OptumRx™ Mail Service Pharmacy. Mail order offers the convenience of home delivery and saves you money. You are not able to get a 180-day prescription from your local pharmacy.

To start using mail order:

1. **Tell your physician you would like to start mail service**

Once you and your physician are confident you will continue taking a medication on an ongoing basis, have your physician write a prescription for a 180-day supply, plus up to one refill. Prescriptions with more than one refill will not be processed as it will exceed a one year maximum supply as required by law.

2. **Contact OptumRx™ at 800-562-6223, 24 hours a day, seven days a week and have your prescription label available when you call.**

You can mail the order form - include with the original prescription(s). Write the member ID and date of birth on each prescription and mail with completed order form. Please fill out one order form per member. You can download an order form from www.link.nebraska.gov - link to Employee Wellness & Benefit Resources.

Your Pharmacy Benefits

	Wellness Health Plan	Regular Health Plan	High Deductible Health Plan (HDHP) (Ending 6/30/15)	Consumer Focused Health Plan (HSA Eligible)
RETAIL - 30 DAY SUPPLY				
Tier 1	\$5 copay	\$10 copay	\$10 copay	20% after deductible
Tier 2	\$25 copay	\$25 copay	\$30 copay	20% after deductible
Tier 3	\$40 copay	\$40 copay	\$50 copay	20% after deductible
MAIL ORDER - 180 DAY SUPPLY				
Tier 1	\$20 copay	\$35 copay	\$35 copay	20% after deductible
Tier 2	\$100 copay	\$100 copay	\$120 copay	20% after deductible
Tier 3	\$150 copay	\$150 copay	\$175 copay	20% after deductible

Wellness Health Plan ONLY	
DIABETIC, HYPERTENSION AND HIGH CHOLESTEROL PRESCRIPTIONS	
RETAIL - 30 DAY SUPPLY	
Tier 1	No copay
Tier 2	\$15 copay
Tier 3	\$30 copay
MAIL ORDER (180 DAY SUPPLY)	
Tier 1	No copay
Tier 2	\$75 copay
Tier 3	\$120 copay

Consumer Focused Health Plan ONLY	
UHC PREVENTIVE DRUG LIST (FORMULARY)	
Go to www.link.nebraska.gov ; Wellness & Benefits Resources page for list	
RETAIL - 30 DAY SUPPLY	
Tier 1	No copay
Tier 2	\$25 copay
Tier 3	\$50 copay
MAIL ORDER (180 DAY SUPPLY)	
Tier 1	No copay
Tier 2	\$100 copay
Tier 3	\$200 copay

Wellness, Regular, and HDHP Plans

For each covered prescription, you pay the copay listed for each 30-day or 180-day supply. These copays do not go towards your maximum out-of-pocket limit on your health plan.

Consumer Focused Health Plan

1. If your medication is on the UHC Preventive Drug List, you pay the copay. Your copay will apply towards your annual out-of-pocket maximum. After your limit is met, the plan pays 100% of your costs. Go to Employee Wellness & Benefits Resources found at www.link.nebraska.gov to view the UHC Preventive Drug List.
2. For all other covered prescriptions, the full cost of the prescription is applied towards your deductible. Once you meet your deductible, then you pay 20% coinsurance until your annual out-of-pocket limit is met. Then all costs are paid 100% by the plan.

Wellness Health Plan participants ONLY

Enroll in the Empowered Lifestyle coaching program and choose Smoking Cessation as a focus area to receive one (1) course of tobacco cessation prescription drugs for up to 12 weeks, within a rolling 12 month period, at no cost. There is a lifetime limit of three (3) courses of treatment.

Diabetic Supplies

Diabetic supplies covered under the prescription drug benefit include syringes, needles, lancets, blood monitor kits, test strips, blood glucose calibration solutions, urine tests, and blood test strips. Blood glucose monitors are also covered under the pharmacy benefit, but continuous blood glucose monitors are currently excluded. Insulin pumps and sensors are covered under the medical benefit as Durable Medical Equipment. If you have any questions, call customer service at 877-263-0911.

Specialty Pharmacy Program

Benefits are administered by OptumRx (affiliate of United Healthcare)

Certain prescriptions on our prescription drug listing require that you use the OptumRx™ Specialty Pharmacy to refill your prescriptions. Specialty pharmacies have experience in storing, handling, and distributing these unique medications and typically provide a higher level of customized care for specialty medications than traditional retail pharmacies. Specialty pharmacists and nurses also have additional clinical expertise surrounding these medications and complex diseases.

What is a specialty medication?

An injectable, oral, or inhaled medication is most often considered specialty medication if it:

- Is used to treat a chronic or complex condition
- Requires extra, on-going clinical oversight and additional education for best management
- Has unique storage or shipping requirements
- Typically is not available at retail pharmacies

Examples of specialty medications: Humira (can be used to treat Rheumatoid Arthritis), Avonex (used to treat Multiple Sclerosis), Gleevec (an oncology medication).

How does the program work?

Your first fill:

When you are first prescribed a specialty medication, you can receive a 30-day supply from your local pharmacy. Your pharmacist will let you know when you are prescribed a specialty medication. Also, you will also receive a welcome packet from OptumRx with instructions on how to refill your medication.

Follow-up refills:

Contact the OptumRx Specialty Pharmacy at 866-218-5445 and speak with a Patient Care Coordinator to help set up your account, order refills, and answer questions about your prescription.