

Over-the-Counter Eligible Health Care Products

Although over-the-counter (OTC) *drugs and medicines* require a prescription in order to be reimbursed by a flexible spending account (FSA), there are many other OTC health care products that are not a drug or medicine **that do not require a prescription!** That's right! Take a look at what you can get without a prescription!

FSA <input checked="" type="checkbox"/> OTC PRODUCTS - NO PRESCRIPTION REQUIRED
Bandages, Band-Aids
Baby Care, Breast pumps, nose saline spray/drops, nasal aspirator, medicine dropper, ear syringe, etc.
Diabetic supplies, insulin, glucose monitor, testing strips, syringes, sharps containers, diabetic cases/coolers
Denture adhesives
Eye care, reading glasses, contact lens cleaners/storage kits, eye patches
Family planning, condoms, contraceptive creams, fertility monitors, ovulation prediction kits
First aid kits, first aid supplies
Glucosamine, arthritis formula
Hearing aids, batteries
Incontinence supplies, adult diapers, pads, absorbent underpads
Joint support bandages/braces, wrist, hand, neck, elbow, knee, ankle, etc.
Medic-alert bracelets or necklaces
Medical equipment and repair; crutches, canes, walkers, wheelchairs
Medical monitoring/testing devices, blood pressure monitors, blood glucose testing kits, cholesterol test kits, colorectal cancer test kits, etc.
Orthopedic and surgical supports, aqua casts, splints
Ostomy products, catheters
Sunscreen, SPF15 and higher
Pill holders, pill splitters
Prenatal vitamins
Vaporizers, humidifiers, thermometers

Some things to remember -

FSA Most drug stores now have online FSA stores where you can shop for eligible FSA products. You can check other sites such as www.fsastore.com or www.drugstore.com for comprehensive listings of OTC products that do not require a prescription.

FSARx OTC *drugs and medicines* are eligible with a prescription. This includes pain relievers, allergy/sinus medicines, antibiotic treatments, canker/cold sore medicines, cold/cough/flu remedies, laxatives, smoking cessation patches/gum, sleep aids, sedatives.

This information is provided as an overview only. Be sure to check your employer's specific plan provisions for any variances.

Have questions



1.800.659.3035

Customer Service Hours: 7:00 am - 7:00 pm CT Monday -Friday; 9:00 am - 1:00 pm CT Saturday



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